

Competition Information for Team Members and Athletes

Event: **West District Cross Country Relay Championships**

Date: **Saturday 8 October 2016**

- Race Declarations / Changing: St Columba's Junior School, Knockbuckle Road, Kilmacolm.PA13 4EQ.
- **Please note that entry into the school will be via the Broomknowe Road entrance which is directly opposite the park and course.**

Race Course: **Birkmyre Park, Broomknowe Road, Kilmacolm. PA13 4HX**

Medals

There will be team medals (plus Masters' team medals) for each member of the 1st, 2nd and 3rd teams in each race.

Masters = 40+ (age on the day).

Important Notes

Athletes may only run once. Teams with anyone running a second time will be disqualified and removed from the results.

Entered athletes ***MUST NOT*** be substituted by non-entered athletes. Non-observance of this leaves the whole field and officials uninsured in the event of an accident, puts the competitor at a health risk as they may be wrongly identified, and makes the results invalid as an historic record.

Directions

Birkmyre Park: There are various routes to reach Kilmacolm. Once in the village along the A761, head along the Lochwinoch Road (B786) and then turn into Knockbuckle Road towards Broomknowe Road.

Parking

- There is ***NO PARKING*** at the school.
- There is very limited parking around the Park which will be allocated (and managed by race marshals) to First Aid vehicles and officials' cars.
- There will be parking for coaches along from the Park (managed by race marshals).
- Street parking is available in streets near to the Park, ***however anyone using the street parking must ensure that they do so courteously and do not park in front of anyone's drive or impede anyone's access into their home.***

Note: Kilmacolm has areas of Zone Parking - so please make sure that you are parked legally or you will face a parking fine!

Declarations

In the school from 10am. **Team Managers only please!**

Please remove spikes and muddy shoes before entering the school.

Team Managers should fill in the declaration form provided (a list of athletes entered will be attached) then return all undeclared numbers with the completed declaration form. It is vital to declare the athletes in their correct running order so the results are accurately recorded for each individual.

PLEASE NOTE: In the Men's race, the RED coloured number should be worn by the 3rd leg runner. Masters' teams should be marked on the declaration form, and a large "V" prominently marked on each Masters' team member's number so the officials can identify them.

Changing and Showers

- In the school from 10am - there will be signs directing athletes to changing rooms and showers
- **Please remove spikes and muddy shoes before entering the school.**
- **Do not leave valuables unattended.**

The Course

- The course is over playing fields and is generally good running.
- Course maps will be displayed at the Park
- Athletes should familiarise themselves with the Course prior to racing, and run accordingly.

Toilets

- There are plenty of toilet facilities within the school.
- There is also a toilet in the Birkmyre Park Cafe.

First Aid

- First Aid will be located near the Start/Finish area.

Club Tents

- There will be an area dedicated for club tents near the Start/Finish area.

Catering

- There will be tea/coffee, rolls and baking etc available from the Birkmyre Park Cafe which is situated within the Park.
- There will be no tea / coffee provided in the school except for officials.

Race Times

- | | | |
|-------------------------|---------|------------------------------|
| • Young Females | 1120hrs | - Declarations Close 1050hrs |
| • Young Males | 1155hrs | - Declarations Close 1125hrs |
| • Sen/Jun/Master Female | 1230hrs | - Declarations Close 1200hrs |
| • Sen/Jun/Master Male | 1330hrs | - Declarations Close 1300hrs |

Presentation of Medals

- Medals will be presented at the Start/Finish area as soon as possible following the conclusion of the race.

Queries

- On the day, please address queries about the race to the Referee or Chief Timekeeper.

St Columba's
school

Club Tents

Junior Course 2.5K

Start>A>B>C>D>E>G>H>-
I>H>J>B>K>Finish

A

K

H

B

F

S

C

E

I

D

J

G

St Columba's
school

Club Tents

Senior Course 4K (2x2K)
Start>A>B>C>D>E>G>H>-
I>B>K>L>A>B>C>D>E>G-
>H>I>B>K>Finish

A

K

H

L

F

S

B

C

E

D

G

I

Race No	Forename	Surname	Age Group	Club
1051	Morven	Hubbard	(GU13)	Ayr Seaforth AC
1052	Alexandra	Meldrum	(GU13)	Ayr Seaforth AC
1053	Islay	Hubbard	(GU13)	Ayr Seaforth AC
1054	Tess	Crooks	(GU13)	Ayr Seaforth AC
1055	Fay	McTrusty	(GU13)	Ayr Seaforth AC
1056	Emma	Frew	(GU15)	Ayr Seaforth AC
1057	Eve	Downie	(GU15)	Ayr Seaforth AC
1058	Alexandra	Smiley	(GU15)	Ayr Seaforth AC
1059	Kelly	Cunningham	(GU15)	Ayr Seaforth AC
1060	Charlotte	McDowall	(GU15)	Ayr Seaforth AC
1061	Sophie	McKay	(GU15)	Ayr Seaforth AC
1062	Evie	Mackay	(GU15)	Ayr Seaforth AC
1063	Rosie	Davidson	(GU15)	Ayr Seaforth AC
1064	Caitlin	Chilton	(GU17)	Ayr Seaforth AC

Race No	Forename	Surname	Age Group	Club
1067	Maura	Mackinnon	(GU13)	Cambuslang Harriers
1068	Shona	Carey	(GU13)	Cambuslang Harriers
1069	Hannah	Lang	(GU13)	Cambuslang Harriers
1070	Niamh	Riggins	(GU13)	Cambuslang Harriers
1071	Demi	Scott	(GU13)	Cambuslang Harriers
1072	Millie	Nicholl	(GU13)	Cambuslang Harriers
1073	Cara	McDowall	(GU13)	Cambuslang Harriers
1074	Eilidh	Kennedy	(GU13)	Cambuslang Harriers
1075	Kelly	Mccutcheon	(GU15)	Cambuslang Harriers
1076	Christie	Dalgleish	(GU15)	Cambuslang Harriers
1077	Elana	Millar	(GU15)	Cambuslang Harriers
1078	Chloe	Burton	(GU15)	Cambuslang Harriers
1079	Susie	Mclaughlin	(GU15)	Cambuslang Harriers
1080	Carla	Fay	(GU15)	Cambuslang Harriers
1081	Ruth	Kelly	(GU17)	Cambuslang Harriers
1082	Kate	Moss	(GU17)	Cambuslang Harriers
1083	Charlotte	Moss	(GU17)	Cambuslang Harriers

Race No	Forename	Surname	Age Group	Club
1085	Kerri	Reilly	(GU13)	Cumbernauld AAC
1086	Amy	Kennedy	(GU13)	Cumbernauld AAC
1087	Lucy	Winning	(GU15)	Cumbernauld AAC
1088	Aimie	Hendry	(GU15)	Cumbernauld AAC
1089	Lucy	Sommerville	(GU17)	Cumbernauld AAC

Race No	Forename	Surname	Age Group	Club
1092	Polly	Anderson	(GU13)	Clydesdale Harriers
1093	Emma	Goodwin	(GU13)	Clydesdale Harriers
1094	Kenzie	Macintosh	(GU13)	Clydesdale Harriers
1095	Heather	McDaid	(GU13)	Clydesdale Harriers
1096	Mia	MacLeod	(GU13)	Clydesdale Harriers
1097	Alana	Reid	(GU13)	Clydesdale Harriers
1098	Lana	McCallum	(GU13)	Clydesdale Harriers
1099	Maria	Threwall	(GU13)	Clydesdale Harriers
1100	Skye	Birnie	(GU15)	Clydesdale Harriers
1101	Tiegen	Breen	(GU15)	Clydesdale Harriers
1102	Francesca	Devine	(GU15)	Clydesdale Harriers
1103	Jade	Steele-Milne	(GU15)	Clydesdale Harriers
1104	Katherine	Craig	(GU15)	Clydesdale Harriers
1105	Laura	Carr	(GU15)	Clydesdale Harriers
1106	Iona	Allan	(GU17)	Clydesdale Harriers
1107	Natasha	Shaw	(GU17)	Clydesdale Harriers

Race No	Forename	Surname	Age Group	Club
1110	Ella	Comiskey	(GU13)	East Kilbride A.C.
1111	Olivia	Carlin	(GU13)	East Kilbride A.C.
1112	Abbie	Kirwan	(GU13)	East Kilbride A.C.
1113	Kayla	McCrone	(GU13)	East Kilbride A.C.
1114	Leah	Muirhead	(GU13)	East Kilbride A.C.
1115	Rebekah	Sykes	(GU15)	East Kilbride A.C.
1116	Morgan	MacDougall	(GU15)	East Kilbride A.C.
1117	Iona	MacDougall	(GU15)	East Kilbride A.C.
1118	Hannah	Anderson	(GU15)	East Kilbride A.C.
1119	Sarah	Connolly	(GU15)	East Kilbride A.C.
1120	Lucy	Muirhead	(GU15)	East Kilbride A.C.
1121	Rachel	Wardrope	(GU15)	East Kilbride A.C.
1122	Emma	Graham	(GU15)	East Kilbride A.C.
1123	Jessica	Hagan	(GU17)	East Kilbride A.C.
1124	Lori	MacDonald	(GU17)	East Kilbride A.C.
1125	Chloe	Mulligan	(GU17)	East Kilbride A.C.
1126	Rebecca	Russell	(GU17)	East Kilbride A.C.

Race No	Forename	Surname	Age Group	Club
1129	Grace	Maclean	(GU13)	Garscube Harriers
1130	Anyia	Maclean	(GU13)	Garscube Harriers
1131	Beth	Raeside	(GU13)	Garscube Harriers
1132	Orla	Doherty	(GU13)	Garscube Harriers
1133	Kirsty	Jones	(GU13)	Garscube Harriers
1134	Ellie Isabella	Hinks	(GU15)	Garscube Harriers
1135	Mia	Padmanabhan	(GU15)	Garscube Harriers
1136	Alexandra	Jones	(GU15)	Garscube Harriers
1137	Isabelle	Burnside	(GU13)	Garscube Harriers
1138	Sophie	Lathan	(GU17)	Garscube Harriers
1139	Kerry	Gallacher	(GU17)	Garscube Harriers

Race No	Forename	Surname	Age Group	Club
1142	Lauren	Agnew	(GU13)	Giffnock North AAC
1143	Eva	Chong	(GU13)	Giffnock North AAC
1144	Stella	Cowey	(GU13)	Giffnock North AAC
1145	Nina	Crossan	(GU13)	Giffnock North AAC
1146	Hannah	Dougall	(GU13)	Giffnock North AAC
1147	Bethany	Drummond	(GU13)	Giffnock North AAC
1148	Holly	McAneny	(GU13)	Giffnock North AAC
1149	Millie	McGeehan	(GU13)	Giffnock North AAC
1150	Ella	McGregor	(GU13)	Giffnock North AAC
1151	Niamh	McWilliams	(GU13)	Giffnock North AAC
1152	Rhiannon	Morris	(GU13)	Giffnock North AAC
1153	Nuala	O'Donnell	(GU13)	Giffnock North AAC
1154	Kirsten	O'Donoghue	(GU13)	Giffnock North AAC
1155	Kate	Paul	(GU13)	Giffnock North AAC
1156	Isla	Scott	(GU13)	Giffnock North AAC
1157	Erin	Ward	(GU13)	Giffnock North AAC
1158	Isla	Ward	(GU13)	Giffnock North AAC
1159	Annabel	Ballantyne	(GU15)	Giffnock North AAC
1160	Heather	Barnes	(GU15)	Giffnock North AAC
1161	Jill	Carswell	(GU15)	Giffnock North AAC
1162	Emma	Chamberlain	(GU15)	Giffnock North AAC
1163	Helen	Chong	(GU15)	Giffnock North AAC
1164	Francesca	Davidson	(GU15)	Giffnock North AAC
1165	Jenny	Dougall	(GU15)	Giffnock North AAC
1166	Emma	Gaston	(GU15)	Giffnock North AAC
1167	Miriam	Gilbride	(GU15)	Giffnock North AAC
1168	Leila	Hickey-Fugaccia	(GU15)	Giffnock North AAC
1169	Sofia	Kirkpatrick	(GU15)	Giffnock North AAC
1170	Orla	Lang	(GU15)	Giffnock North AAC

Race No	Forename	Surname	Age Group	Club
1171	Lisa	Miller	(GU15)	Giffnock North AAC
1172	Hannah	Miller	(GU15)	Giffnock North AAC
1173	Rhona	Mowat	(GU17)	Giffnock North AAC
1174	Rachel	Norrie	(GU15)	Giffnock North AAC
1175	Lauren	Paterson	(GU15)	Giffnock North AAC
1176	Allison	Preece	(GU15)	Giffnock North AAC
1177	Kate	Richardson	(GU15)	Giffnock North AAC
1178	Clare	Wallace	(GU15)	Giffnock North AAC
1179	Emily	Crusher	(GU17)	Giffnock North AAC
1180	Zoe	Jamieson	(GU17)	Giffnock North AAC
1181	Danielle	Kelly	(GU17)	Giffnock North AAC
1182	Charlotte	McKenna	(GU17)	Giffnock North AAC
1183	Lynn	McKenna	(GU17)	Giffnock North AAC
1184	Camilla	Mcknespiey	(GU17)	Giffnock North AAC
1185	Nikki	Miller	(GU17)	Giffnock North AAC
1186	Leah	Sinforiani	(GU17)	Giffnock North AAC

Race No	Forename	Surname	Age Group	Club
1189	Silver	Nwabuzor	(GU13)	Glasgow School of Sport
1190	Emily	Rooney	(GU13)	Glasgow School of Sport
1191	Laura	Ferguson	(GU15)	Glasgow School of Sport
1192	Aimee	Anderson	(GU15)	Glasgow School of Sport
1193	Lisa	Walby	(GU15)	Glasgow School of Sport
1194	Lori	Agnew	(GU17)	Glasgow School of Sport
1195	Kirsten	Forster	(GU17)	Glasgow School of Sport

Race No	Forename	Surname	Age Group	Club
1198	Ruby	McGill	(GU13)	Greenock Glenpark Harriers
1199	Anna	Docherty	(GU13)	Greenock Glenpark Harriers
1200	Beth	McKenna	(GU15)	Greenock Glenpark Harriers
1201	Mia	Forrest	(GU17)	Greenock Glenpark Harriers

Race No	Forename	Surname	Age Group	Club
1204	Jennifer	Scott	(GU13)	Helensburgh AAC
1205	Eva	McAloon	(GU13)	Helensburgh AAC
1206	Kyla	Dorizon	(GU13)	Helensburgh AAC
1207	Evelyn	Dennison	(GU13)	Helensburgh AAC
1208	Lexy	Kenhard	(GU13)	Helensburgh AAC
1209	Amirah	Hassan	(GU13)	Helensburgh AAC
1210	Amelia	Murphy	(GU13)	Helensburgh AAC
1211	Katie	Flett	(GU15)	Helensburgh AAC
1212	Jenny	Hyde	(GU15)	Helensburgh AAC
1213	Chloe	Murphy	(GU17)	Helensburgh AAC
1214	Jessica	Noble	(GU17)	Helensburgh AAC

Race No	Forename	Surname	Age Group	Club
1217	Abi	Hammerman	(GU13)	Inverclyde AC
1218	Amy	Cumming	(GU13)	Inverclyde AC
1219	Erin	Law	(GU13)	Inverclyde AC
1220	Amelie	Jay	(GU13)	Inverclyde AC
1221	Niamh	McGarva	(GU13)	Inverclyde AC
1222	Orla	McGeehan	(GU13)	Inverclyde AC
1223	Niamh	McIntosh	(GU13)	Inverclyde AC
1224	Nyah	Gillan	(GU15)	Inverclyde AC
1225	Cliona	McCheyne	(GU15)	Inverclyde AC
1226	Nuala	McCheyne	(GU15)	Inverclyde AC
1227	Georgia	Morrison	(GU15)	Inverclyde AC
1228	Clara	Pollock	(GU15)	Inverclyde AC
1229	Zoe	Renfrew	(GU15)	Inverclyde AC
1230	Leah	Cameron	(GU15)	Inverclyde AC
1231	Hannah	McGeehan	(GU15)	Inverclyde AC
1232	Jennifer	Lyne	(GU17)	Inverclyde AC
1233	Gillian	Carmichael	(GU17)	Inverclyde AC
1234	Shelby	Morrison	(GU17)	Inverclyde AC
1235	Nicola	Doohan	(GU17)	Inverclyde AC
1236	Catriona	McPherson	(GU13)	Inverclyde AC

Race No	Forename	Surname	Age Group	Club
1239	Rachel	Paton	(GU13)	Kirkintilloch Olympians
1240	Coaoimhe	Quail	(GU13)	Kirkintilloch Olympians
1241	Lauren	O'Hare	(GU13)	Kirkintilloch Olympians
1242	Robyn	O'Hare	(GU13)	Kirkintilloch Olympians
1243	Hannah	Paton	(GU15)	Kirkintilloch Olympians
1244	Niamh	Summers	(GU15)	Kirkintilloch Olympians
1245	Katie	Martin	(GU15)	Kirkintilloch Olympians
1246	Iona	Smith	(GU15)	Kirkintilloch Olympians
1247	Mhairi	Quinn	(GU15)	Kirkintilloch Olympians
1248	Eve	Reilly	(GU15)	Kirkintilloch Olympians
1249	Sally Jane	Mcauley	(GU15)	Kirkintilloch Olympians
1250	Emma	Mahon	(GU17)	Kirkintilloch Olympians
1251	Kayla	McCandlish	(GU15)	Kirkintilloch Olympians

Race No	Forename	Surname	Age Group	Club
1253	Ola	Zurakowska	(GU13)	Kilbarchan AAC
1254	Louise	Hastie	(GU13)	Kilbarchan AAC
1255	Rachel	Muir	(GU13)	Kilbarchan AAC
1256	Eve	Blinchow	(GU13)	Kilbarchan AAC
1257	Sarah	Forbes	(GU13)	Kilbarchan AAC
1258	Poppy	Pitts	(GU13)	Kilbarchan AAC
1259	Aurelia	Tiffoney	(GU13)	Kilbarchan AAC
1260	Julia	Daws	(GU13)	Kilbarchan AAC
1261	Chloe	Cameron	(GU13)	Kilbarchan AAC
1262	Kirstie	Cochran	(GU13)	Kilbarchan AAC
1263	Abbie	Alemu	(GU13)	Kilbarchan AAC
1264	Leona	Murray	(GU15)	Kilbarchan AAC
1265	Laine	Alemu	(GU15)	Kilbarchan AAC
1266	Libby	Sutherland	(GU15)	Kilbarchan AAC
1267	Rebecca	Kinnaird	(GU15)	Kilbarchan AAC
1268	Eilidh	Gibson	(GU15)	Kilbarchan AAC
1269	Alisha	Sivell	(GU15)	Kilbarchan AAC
1270	Kimberley	Gilchrist	(GU15)	Kilbarchan AAC
1271	Hannah	Fleming	(GU15)	Kilbarchan AAC
1272	Millie	Spence	(GU15)	Kilbarchan AAC
1273	Iris	Dickie	(GU15)	Kilbarchan AAC
1274	Megan	Thomson	(GU15)	Kilbarchan AAC
1275	Ellie	McCrary	(GU15)	Kilbarchan AAC
1276	Jayde	Brannigan	(GU15)	Kilbarchan AAC
1277	Rona	Tytler	(GU17)	Kilbarchan AAC
1278	Emma	Johnstone	(GU17)	Kilbarchan AAC
1279	Katharine	McGinn	(GU17)	Kilbarchan AAC
1280	Amy	Sneddon	(GU17)	Kilbarchan AAC
1281	Kim	Crawford	(GU17)	Kilbarchan AAC
1282	Eve	Griffiths	(GU17)	Kilbarchan AAC

Race No	Forename	Surname	Age Group	Club
1285	Eilidh	Ballantyne	(GU13)	Kilmarnock H&AC
1286	Hannah	Burn	(GU13)	Kilmarnock H&AC
1287	Jennifer	Murray	(GU13)	Kilmarnock H&AC
1288	Mhairi	Chalmers	(GU13)	Kilmarnock H&AC
1289	Amy	Anderson	(GU13)	Kilmarnock H&AC
1290	Leonie	McCutcheon	(GU15)	Kilmarnock H&AC
1291	Ava	Heron	(GU15)	Kilmarnock H&AC
1292	Laura	Jedrusiak	(GU15)	Kilmarnock H&AC
1293	Tiana	Stevenson	(GU15)	Kilmarnock H&AC
1294	Courtney	Goodwin	(GU15)	Kilmarnock H&AC
1295	Molly	Murray	(GU15)	Kilmarnock H&AC
1296	Lucy	Glencorse	(GU15)	Kilmarnock H&AC
1297	Phoebe	McCutcheon	(GU15)	Kilmarnock H&AC
1298	Kirstyn	Park	(GU15)	Kilmarnock H&AC
1299	Emily	Nix	(GU15)	Kilmarnock H&AC
1300	Sophie	Todd	(GU15)	Kilmarnock H&AC
1302	Holly	Todd	(GU15)	Kilmarnock H&AC

Race No	Forename	Surname	Age Group	Club
1305	Dayna	Littlejohn	(GU13)	Law & District AAC
1306	Abbie	White	(GU13)	Law & District AAC
1307	Niav	Douglas	(GU13)	Law & District AAC
1308	Naomi	Fleming	(GU13)	Law & District AAC
1309	Leah	Keisler	(GU15)	Law & District AAC
1310	Rachel	Donnelly	(GU15)	Law & District AAC
1311	Lorna	Jackson	(GU15)	Law & District AAC
1312	Caitlin	Thomson	(GU15)	Law & District AAC
1313	Kara	Forman	(GU15)	Law & District AAC
1314	Jade	Keisler	(GU17)	Law & District AAC
1315	Megan	Grew	(GU17)	Law & District AAC
1316	Elle	Henderson	(GU17)	Law & District AAC
1317	Pamela	Newell	(GU17)	Law & District AAC

Race No	Forename	Surname	Age Group	Club
1319	Mary - Jane	McInally	(GU13)	North Ayrshire AC
1320	Rebecca	Booth	(GU13)	North Ayrshire AC
1321	Jilly	Lefebvre	(GU13)	North Ayrshire AC
1322	Carla	Murray	(GU15)	North Ayrshire AC
1323	Megan	Pettigrew	(GU15)	North Ayrshire AC
1324	Leah	Murray	(GU13)	North Ayrshire AC
1325	Phoebe	Lewis	(GU17)	North Ayrshire AC
1326	Lara	Diamond	(GU17)	North Ayrshire AC
1327	Emma	Donachy	(GU15)	North Ayrshire AC

Race No	Forename	Surname	Age Group	Club
1330	Anna	Young	(GU13)	Shettleston Harriers
1331	Chloe	Orr	(GU13)	Shettleston Harriers
1332	Anna	McDowall	(GU13)	Shettleston Harriers
1333	Elsie	Hollywood	(GU15)	Shettleston Harriers
1334	Jodie	Mitchell	(GU15)	Shettleston Harriers
1335	Talia	Quigley	(GU17)	Shettleston Harriers
1336	Emma	Purdey	(GU17)	Shettleston Harriers

Race No	Forename	Surname	Age Group	Club
1339	Nicola	Farmer	(GU13)	Springburn Harriers
1340	Chloe	Emordy	(GU13)	Springburn Harriers
1341	Ellie	Doherty	(GU15)	Springburn Harriers

Race No	Forename	Surname	Age Group	Club
1344	Valencia	Wright	(GU13)	VP-Glasgow AC
1345	Holly	Kirkwood	(GU13)	VP-Glasgow AC
1346	Abbey	Orr	(GU13)	VP-Glasgow AC
1347	Estere	Sudmale	(GU13)	VP-Glasgow AC
1348	Niamh	Finnierson	(GU13)	VP-Glasgow AC
1349	Beth	Bushell	(GU13)	VP-Glasgow AC
1350	Anna	Mccallum	(GU13)	VP-Glasgow AC
1351	Nicole	Macgilp	(GU13)	VP-Glasgow AC
1352	Joanna	Littlefield	(GU15)	VP-Glasgow AC
1353	Rhian	Callan	(GU15)	VP-Glasgow AC
1354	Emma	Gilmour	(GU15)	VP-Glasgow AC
1355	Rachel	Gillespie	(GU15)	VP-Glasgow AC
1356	Catriona	Scott	(GU13)	VP-Glasgow AC
1357	Jenna	Little	(GU15)	VP-Glasgow AC
1358	Abbie	Leanord	(GU15)	VP-Glasgow AC
1359	Holly	Little	(GU17)	VP-Glasgow AC
1360	Adrienne	Murray	(GU17)	VP-Glasgow AC
1361	Amy	Bissett	(GU17)	VP-Glasgow AC
1362	Beth	Gibbons	(GU17)	VP-Glasgow AC

Race No	Forename	Surname	Age Group	Club
718	Alexander	Crooks	(MU13)	Ayr Seaforth AC
719	Blair John	Gemmell	(MU13)	Ayr Seaforth AC
720	Euan	Bell	(MU13)	Ayr Seaforth AC
721	Jacob	Cairns	(MU13)	Ayr Seaforth AC
722	Lewis	Martin	(MU13)	Ayr Seaforth AC
723	Max	Cunningham	(MU13)	Ayr Seaforth AC
724	Samuel	Drummond	(MU13)	Ayr Seaforth AC
725	Fergus	Muir	(MU13)	Ayr Seaforth AC
726	Greig	Oakley	(MU15)	Ayr Seaforth AC
727	Scott	Sprang	(MU15)	Ayr Seaforth AC
728	Logan	Cotter	(MU15)	Ayr Seaforth AC
729	Euan	Ramsay	(MU15)	Ayr Seaforth AC
730	Daniel	Long	(MU15)	Ayr Seaforth AC
731	Patrick	Smiley	(MU15)	Ayr Seaforth AC
732	Max	McLean	(MU15)	Ayr Seaforth AC
733	Adam	Rice	(MU15)	Ayr Seaforth AC
734	Lewis	Ross	(MU17)	Ayr Seaforth AC
735	Declan	McGhee	(MU17)	Ayr Seaforth AC
736	Aidan	Copland	(MU17)	Ayr Seaforth AC
737	Daniel	Martin	(MU17)	Ayr Seaforth AC
738	Mathew	Eadie	(MU17)	Ayr Seaforth AC
739	Lewis	Hill	(MU13)	Ayr Seaforth AC
740	Calum	Inglis	(MU15)	Ayr Seaforth AC

Race No	Forename	Surname	Age Group	Club
742	Leon	Archiebald	(MU13)	Cambuslang Harriers
743	Ciaran	Owens	(MU13)	Cambuslang Harriers
744	Robbie	Woods	(MU13)	Cambuslang Harriers
745	Mark	Cassidy	(MU13)	Cambuslang Harriers
746	Stewart	Millard	(MU13)	Cambuslang Harriers
747	Mathew	Sproule	(MU13)	Cambuslang Harriers
748	Lewis	Roddis	(MU13)	Cambuslang Harriers
749	Jason	Murray	(MU13)	Cambuslang Harriers
750	Fearghus	MacGregor	(MU13)	Cambuslang Harriers
751	Joseph	Gallagher	(MU13)	Cambuslang Harriers
752	Christopher	McLew	(MU15)	Cambuslang Harriers
753	Jake	Barnett	(MU15)	Cambuslang Harriers
754	Caolan	Millard	(MU15)	Cambuslang Harriers
755	Keir	Crawford	(MU15)	Cambuslang Harriers
756	Ryan	Bruce	(MU15)	Cambuslang Harriers
757	Ruiridh	MacGregor	(MU15)	Cambuslang Harriers
758	Liam	Angely	(MU15)	Cambuslang Harriers
759	Sean	Friel	(MU15)	Cambuslang Harriers
760	Arron	Grew	(MU15)	Cambuslang Harriers
761	Brodie	Aitken	(MU15)	Cambuslang Harriers
762	Michael	Black	(MU15)	Cambuslang Harriers
763	Struan	Paton	(MU17)	Cambuslang Harriers
764	Eamon	Carr	(MU17)	Cambuslang Harriers
765	Joshua	Boyle	(MU17)	Cambuslang Harriers
766	James	Duffy	(MU17)	Cambuslang Harriers
767	Leodhais	MacPherson	(MU17)	Cambuslang Harriers
768	Ryan	Stephen	(MU17)	Cambuslang Harriers
769	Drew	Pollock	(MU17)	Cambuslang Harriers
770	James	Hannoway	(MU17)	Cambuslang Harriers
771	Andrew	Carey	(MU17)	Cambuslang Harriers

Race No	Forename	Surname	Age Group	Club
774	Craig	Little	(MU13)	Cumbernauld AAC
775	Jude	Neville	(MU13)	Cumbernauld AAC
776	Josh	Adam	(MU13)	Cumbernauld AAC
777	Luke	Tervit	(MU13)	Cumbernauld AAC
778	Max	Mccafferty	(MU13)	Cumbernauld AAC
779	Alasdair	McMonagle	(MU15)	Cumbernauld AAC
780	Calum	Little	(MU15)	Cumbernauld AAC
781	Jacob	Brown	(MU15)	Cumbernauld AAC
782	Christopher	Main	(MU15)	Cumbernauld AAC
783	Josh	Hampson	(MU15)	Cumbernauld AAC
784	Thomas	Whiteford	(MU17)	Cumbernauld AAC
785	Sean	Kennedy	(MU17)	Cumbernauld AAC
786	Jack	McCleneghen	(MU17)	Cumbernauld AAC
787	Calum	Stewart	(MU15)	Cumbernauld AAC

Race No	Forename	Surname	Age Group	Club
790	Josh	McNicol	(MU13)	Clydesdale Harriers
791	Fraser	McKechnie	(MU13)	Clydesdale Harriers
792	Aiden	McInally	(MU13)	Clydesdale Harriers
793	Dominic	Burns	(MU13)	Clydesdale Harriers
794	Scott	Kennedy	(MU13)	Clydesdale Harriers
795	Curtis	Mayor	(MU13)	Clydesdale Harriers
796	Lewis	Byrne	(MU13)	Clydesdale Harriers
797	Max	Shannon	(MU13)	Clydesdale Harriers
798	Stuart	Aird	(MU15)	Clydesdale Harriers
799	Leo	Currie	(MU15)	Clydesdale Harriers
800	John	Docherty	(MU15)	Clydesdale Harriers
801	Evan	McCallum	(MU15)	Clydesdale Harriers
802	Jake	MacPherson	(MU15)	Clydesdale Harriers
803	Robert	Whittick	(MU15)	Clydesdale Harriers
804	Lloyd	Young	(MU15)	Clydesdale Harriers
805	Zak	Shannon	(MU15)	Clydesdale Harriers
806	Michael	Dunn	(MU17)	Clydesdale Harriers
807	Michael	Miller	(MU17)	Clydesdale Harriers
808	Marcus	Beckford-Young	(MU17)	Clydesdale Harriers
809	Euan	MacMillian	(MU13)	Clydesdale Harriers

Race No	Forename	Surname	Age Group	Club
811	Dillan	McAuslin	(MU13)	East Kilbride A.C.
812	Christopher	Cairns	(MU13)	East Kilbride A.C.
813	Paul	Cairns	(MU13)	East Kilbride A.C.
814	Cameron	Smith	(MU13)	East Kilbride A.C.
815	Thomas	O'Neil	(MU13)	East Kilbride A.C.
816	Keir	Orr	(MU13)	East Kilbride A.C.
817	Ben	Everett	(MU13)	East Kilbride A.C.
818	Sam	Sweeney	(MU15)	East Kilbride A.C.
819	Hamish	Anderson	(MU15)	East Kilbride A.C.
820	Joseph	Hagan	(MU15)	East Kilbride A.C.
821	Oliver	Evans	(MU15)	East Kilbride A.C.
822	Thomas	McCourt	(MU15)	East Kilbride A.C.
823	Shane	Wilson	(MU15)	East Kilbride A.C.
824	Elliot	Bain	(MU15)	East Kilbride A.C.
825	Andrew	Kelly	(MU15)	East Kilbride A.C.

Race No	Forename	Surname	Age Group	Club
828	Marcus	Donnelly	(MU13)	Garscube Harriers
829	Finlay	Ross-Davie	(MU13)	Garscube Harriers
830	Liam	Bennett	(MU13)	Garscube Harriers
831	Hugh	Borthwick	(MU13)	Garscube Harriers
832	Edward	Howat	(MU13)	Garscube Harriers
833	Jamie	Glen	(MU13)	Garscube Harriers
834	Tom	Gibbons	(MU13)	Garscube Harriers
835	James	Cathro	(MU15)	Garscube Harriers
836	Elliot	Duff	(MU15)	Garscube Harriers
837	Jack	Trainer	(MU15)	Garscube Harriers
838	Luke	Aitken	(MU15)	Garscube Harriers
839	James	Connelly	(MU15)	Garscube Harriers
840	Ruaridh	Stickland	(MU15)	Garscube Harriers
841	Oscar	Roberts	(MU15)	Garscube Harriers
842	Fraser	Gordon	(MU15)	Garscube Harriers
843	Cody	Stevenson	(MU17)	Garscube Harriers
844	Lorn	Webster	(MU17)	Garscube Harriers
845	Robbie	Burnside	(MU17)	Garscube Harriers
846	Berry	Thomas	(MU17)	Garscube Harriers

Race No	Forename	Surname	Age Group	Club
849	Andrew	Combe	(MU13)	Giffnock North AAC
850	Cameron	Green	(MU13)	Giffnock North AAC
851	Jacob	Luc	(MU13)	Giffnock North AAC
852	Reuben	Macdonald	(MU13)	Giffnock North AAC
853	Kian	McConville	(MU13)	Giffnock North AAC
854	Joseph	McKay	(MU13)	Giffnock North AAC
855	Michael	Moynihan	(MU13)	Giffnock North AAC
856	Harris	Paterson	(MU13)	Giffnock North AAC
857	Hugh	Shiels	(MU13)	Giffnock North AAC
858	Charlie	Tomkinson	(MU13)	Giffnock North AAC
859	Gordon	Wylie	(MU13)	Giffnock North AAC
860	Jack	Bell	(MU15)	Giffnock North AAC
861	Kaya	Bonner	(MU15)	Giffnock North AAC
862	Ethan	Carolan	(MU15)	Giffnock North AAC
863	Nicholas	Duffy	(MU15)	Giffnock North AAC
864	Murray	Fotheringham	(MU15)	Giffnock North AAC
865	Corey	Greenhalgh	(MU15)	Giffnock North AAC
866	Jack	Meikle	(MU15)	Giffnock North AAC
867	Lewis	Mitchell	(MU15)	Giffnock North AAC
868	Eoghan	O'Donnell	(MU15)	Giffnock North AAC
869	Andrew	Robertson	(MU15)	Giffnock North AAC
870	Christopher	Watson-Sweeney	(MU15)	Giffnock North AAC
871	Nicholas	Boyle	(MU17)	Giffnock North AAC
872	Nikolai	Gajic	(MU17)	Giffnock North AAC
873	Joseph	Lowrie	(MU17)	Giffnock North AAC
874	Harry	Nimmo	(MU17)	Giffnock North AAC
875	Ben	Shaw	(MU17)	Giffnock North AAC
876	Taylor	Stewart	(MU17)	Giffnock North AAC
877	Jamie	Sturrock	(MU17)	Giffnock North AAC
878	Calum	Young	(MU17)	Giffnock North AAC

Race No	Forename	Surname	Age Group	Club
881	Harris	Finlayson	(MU13)	Glasgow School of Sport
882	Geordan	Davis	(MU13)	Glasgow School of Sport
883	Matthew	Stewart	(MU13)	Glasgow School of Sport
884	Gary	McPake	(MU15)	Glasgow School of Sport
885	Lewis	Elliot	(MU15)	Glasgow School of Sport
886	Ross J	Whitelaw	(MU15)	Glasgow School of Sport

Race No	Forename	Surname	Age Group	Club
889	Jude	Dolan	(MU13)	Greenock Glenpark Harriers
890	Finn	Campbell	(MU13)	Greenock Glenpark Harriers
891	Alex	Wiseman	(MU13)	Greenock Glenpark Harriers
892	Cameron	Patton	(MU13)	Greenock Glenpark Harriers
893	Scott	Meechan	(MU15)	Greenock Glenpark Harriers
894	Ewan	Ferguson	(MU15)	Greenock Glenpark Harriers
895	Niall	Campbell	(MU15)	Greenock Glenpark Harriers
896	Jack	McDaid	(MU15)	Greenock Glenpark Harriers
897	Harry	McGill	(MU15)	Greenock Glenpark Harriers
898	Alan	Mollins	(MU15)	Greenock Glenpark Harriers
899	Tom	Forrest	(MU15)	Greenock Glenpark Harriers
900	Joshua	Ruddy	(MU17)	Greenock Glenpark Harriers
901	Ryan	Brown	(MU17)	Greenock Glenpark Harriers

Race No	Forename	Surname	Age Group	Club
904	Matthew	Cameron	(MU13)	Helensburgh AAC
905	Cameron	Picken	(MU13)	Helensburgh AAC
906	Alastair	Mccartney	(MU13)	Helensburgh AAC
907	Joshua	Bain	(MU15)	Helensburgh AAC
908	Finn	Burden	(MU15)	Helensburgh AAC
909	Arran	Dunbar	(MU17)	Helensburgh AAC

Race No	Forename	Surname	Age Group	Club
912	Caleb	Dunning	(MU13)	Inverclyde AC
913	Edward	Docherty	(MU13)	Inverclyde AC
914	Robert	Gray	(MU13)	Inverclyde AC
915	Lewis	Hainey	(MU13)	Inverclyde AC
916	Matthew	McGeehan	(MU13)	Inverclyde AC
917	Jack	Stewart	(MU13)	Inverclyde AC
918	Charlie	Semple	(MU13)	Inverclyde AC
919	Ross	Davidson	(MU15)	Inverclyde AC
920	Josh	Law	(MU15)	Inverclyde AC
921	Ben	Nichol	(MU15)	Inverclyde AC
922	Andrew	Winter	(MU15)	Inverclyde AC
923	Paul	Burns	(MU15)	Inverclyde AC
924	Sean	Fischer-Keogh	(MU15)	Inverclyde AC
925	Scott	Hannaway	(MU15)	Inverclyde AC
926	Findley	Burnside	(MU17)	Inverclyde AC
927	Dylan	Crawford	(MU17)	Inverclyde AC
928	Ryan	Gray	(MU17)	Inverclyde AC
929	Adam	Hay	(MU17)	Inverclyde AC
930	Sammy	Hearl	(MU17)	Inverclyde AC
931	Cameron	Watson	(MU17)	Inverclyde AC

Race No	Forename	Surname	Age Group	Club
934	Lewis	Hale	(MU13)	Kirkintilloch Olympians
935	Connor	Kalkman	(MU13)	Kirkintilloch Olympians
936	Matthew	Stewart	(MU13)	Kirkintilloch Olympians
937	Ethan	McDonald	(MU13)	Kirkintilloch Olympians
938	Dylan	Elliott	(MU15)	Kirkintilloch Olympians
939	Louis	O'Hare	(MU15)	Kirkintilloch Olympians
940	Liam	Casey	(MU15)	Kirkintilloch Olympians
941	Luke	McCaffrey	(MU17)	Kirkintilloch Olympians
942	Harry	Lamond	(MU17)	Kirkintilloch Olympians
943	Ross	Pinkerton	(MU13)	Kirkintilloch Olympians
944	Matthew	Porteous	(MU15)	Kirkintilloch Olympians

Race No	Forename	Surname	Age Group	Club
946	Michael	Murray	(MU13)	Kilbarchan AAC
947	Ross	Hastie	(MU13)	Kilbarchan AAC
948	Olly	Smith	(MU13)	Kilbarchan AAC
949	Martin	Burnhope	(MU13)	Kilbarchan AAC
950	Ross	Kennedy	(MU13)	Kilbarchan AAC
951	Seamus	Mowberry	(MU13)	Kilbarchan AAC
952	Isaac	O'Neill	(MU13)	Kilbarchan AAC
953	Brodie	Gillanders	(MU13)	Kilbarchan AAC
954	Noah	Young	(MU13)	Kilbarchan AAC
955	Ewan	Walker	(MU13)	Kilbarchan AAC
956	Ben	Stevenson	(MU13)	Kilbarchan AAC
957	Gavin	Mckay	(MU15)	Kilbarchan AAC
958	Finn	Fowler	(MU15)	Kilbarchan AAC
959	Eoighan	Small	(MU15)	Kilbarchan AAC
960	Kyle	Irvine	(MU15)	Kilbarchan AAC
961	David	McNair	(MU15)	Kilbarchan AAC
962	Jack	Patton	(MU15)	Kilbarchan AAC
963	Lewis	Hannigan	(MU15)	Kilbarchan AAC
964	James	Orr	(MU15)	Kilbarchan AAC
965	Cameron	Hunter	(MU15)	Kilbarchan AAC
966	Ryan	McDermott	(MU15)	Kilbarchan AAC
967	Jamie	Eatock	(MU17)	Kilbarchan AAC
968	Cameron	Wright	(MU17)	Kilbarchan AAC
969	Suleiman	Niven	(MU17)	Kilbarchan AAC
970	Liam	Donoghue	(MU17)	Kilbarchan AAC
971	Josh	Hendry	(MU17)	Kilbarchan AAC
972	Jordan	Gilchrist	(MU17)	Kilbarchan AAC
973	Andrew	MacAngus	(MU17)	Kilbarchan AAC
974	Michael	Simson	(MU17)	Kilbarchan AAC
975	James	Toal	(MU17)	Kilbarchan AAC
976	Craig	Kennedy	(MU17)	Kilbarchan AAC
977	Hamish	Loudon	(MU17)	Kilbarchan AAC
978	Harry	Walton	(MU17)	Kilbarchan AAC
979	David	Martin	(MU17)	Kilbarchan AAC
980	Cameron	Corrigan	(MU17)	Kilbarchan AAC
981	Mathew	Mitchell	(MU13)	Kilbarchan AAC
982	Douglas	Boyd	(MU13)	Kilbarchan AAC
983	Hunter	Daws	(MU15)	Kilbarchan AAC

Race No	Forename	Surname	Age Group	Club
986	Luke	Baird	(MU13)	Kilmarnock H&AC
987	Jonathon	Downey	(MU13)	Kilmarnock H&AC
988	Max	Jenner	(MU13)	Kilmarnock H&AC
989	Aidan	Jenner	(MU15)	Kilmarnock H&AC
990	Jonathan	Houson	(MU15)	Kilmarnock H&AC
991	Bruce	Holden	(MU15)	Kilmarnock H&AC
992	Jamie	Nix	(MU17)	Kilmarnock H&AC
993	Aidan	Hessett	(MU17)	Kilmarnock H&AC

Race No	Forename	Surname	Age Group	Club
996	Rios	Dicken	(MU13)	Shettleston Harriers
997	Matty	Bradshaw	(MU13)	Shettleston Harriers
998	Gregor	Campbell	(MU13)	Shettleston Harriers
999	Ethan	Wilson	(MU15)	Shettleston Harriers
1000	Kasey	Fraser	(MU15)	Shettleston Harriers
1001	Theo	Carter	(MU15)	Shettleston Harriers
1002	Cameron	Campbell	(MU15)	Shettleston Harriers
1003	Jamie	Burns	(MU17)	Shettleston Harriers
1004	Lewis	Raeburn	(MU17)	Shettleston Harriers
1005	Jordan	Dolan	(MU17)	Shettleston Harriers
1006	Euan	Charlwood	(MU13)	Shettleston Harriers

Race No	Forename	Surname	Age Group	Club
1009	Oscar	Logan	(MU13)	Law & District AAC
1010	Liam	Browning	(MU13)	Law & District AAC
1011	Kian	Scullion	(MU13)	Law & District AAC
1012	Fraser	Simpson	(MU13)	Law & District AAC
1013	Ben	MacBride	(MU13)	Law & District AAC
1014	Matthew	Gillon	(MU15)	Law & District AAC
1015	David	McCormack	(MU15)	Law & District AAC
1017	Finn	Milligan	(MU15)	Law & District AAC
1018	David	Yue	(MU15)	Law & District AAC
1019	Alan	McCulloch	(MU15)	Law & District AAC
1020	Adam	Kelly	(MU17)	Law & District AAC
1021	James	Gillon	(MU17)	Law & District AAC
1022	James	McClafferty	(MU17)	Law & District AAC
1023	Rory	Abraham	(MU15)	Law & District AAC

Race No	Forename	Surname	Age Group	Club
1025	Ben	Emordy	(MU13)	Springburn Harriers
1026	Lewis	Apperson-McHugh	(MU13)	Springburn Harriers
1027	Stephen	Emordy	(MU15)	Springburn Harriers
1028	Kieran	Ballard	(MU15)	Springburn Harriers
1029	Connor	Emordy	(MU15)	Springburn Harriers

Race No	Forename	Surname	Age Group	Club
1031	Fraser	Gilmour	(MU13)	VP-Glasgow AC
1032	Russell	Barnett	(MU13)	VP-Glasgow AC
1033	Eoghan	Connolly	(MU13)	VP-Glasgow AC
1034	Devan	Miller	(MU13)	VP-Glasgow AC
1035	Louis	Sharp	(MU13)	VP-Glasgow AC
1036	Blayne	Wright	(MU15)	VP-Glasgow AC
1037	Calum	Bryne	(MU15)	VP-Glasgow AC
1038	Jack	MacKinnon	(MU15)	VP-Glasgow AC
1039	Rogan	Kelly	(MU15)	VP-Glasgow AC
1040	Edan	Webb	(MU15)	VP-Glasgow AC
1041	James	McIntryre	(MU15)	VP-Glasgow AC
1042	Charlie	Milarvie	(MU17)	VP-Glasgow AC
1043	Lewis	Priest	(MU17)	VP-Glasgow AC
1044	Andrew	Hopeland	(MU17)	VP-Glasgow AC
1045	Robbie	Smith	(MU17)	VP-Glasgow AC
1046	Calum	Brown	(MU17)	VP-Glasgow AC
1047	Thomas	Connolly	(MU17)	VP-Glasgow AC
1048	Fraser	McDonald	(MU17)	VP-Glasgow AC
1049	Fergus	Blyth	(MU17)	VP-Glasgow AC
1050	Josh	McDermott	(MU17)	VP-Glasgow AC

Unique No.	Forename	Surname	Age Group	Club
1	Laura	Wallace	(F Sen)	Ayr Seaforth AC
2	Toni	McIntosh	(F Sen)	Ayr Seaforth AC
3	Ruth	Kirk	(F45)	Ayr Seaforth AC
207	Susie	Hubbard	(F45)	Ayr Seaforth AC

Unique No.	Forename	Surname	Age Group	Club
4	Emily	Jackson	(F Sen)	Bellahouston Harriers
5	Stephanie	Baird	(F Sen)	Bellahouston Harriers
6	Lynne	McDowall	(F Sen)	Bellahouston Harriers
7	Claire	Fitzsimmons	(F Sen)	Bellahouston Harriers
8	Jennifer	Tait	(F Sen)	Bellahouston Harriers
9	Katy	Smith	(F45)	Bellahouston Harriers
10	Christine	Mackay	(F50)	Bellahouston Harriers
11	Anne	Macfie	(F50)	Bellahouston Harriers
12	Deirdre	Hoyle	(F65)	Bellahouston Harriers

Unique No.	Forename	Surname	Age Group	Club
13	Terry	Nimmo	(F50)	Bellahouston Road Runners
14	Julia	McDonald	(F Sen)	Bellahouston Road Runners
15	Lynne	Goldie	(F50)	Bellahouston Road Runners
16	Louise	Ross	(F Sen)	Bellahouston Road Runners
17	Judith	Macgregor	(F40)	Bellahouston Road Runners
18	Jill	Herbert	(F Sen)	Bellahouston Road Runners
19	Rose	McRobert	(F40)	Bellahouston Road Runners
20	Romy	Beard	(F Sen)	Bellahouston Road Runners
21	Elaine	Somerville	(F40)	Bellahouston Road Runners
22	Mhairi	Hill	(F40)	Bellahouston Road Runners
23	Deborah	Gray	(F45)	Bellahouston Road Runners
24	Katie	Mathieson	(F40)	Bellahouston Road Runners
25	Jane	McNeilly	(F Sen)	Bellahouston Road Runners
26	Ciara	O'Connell	(F Sen)	Bellahouston Road Runners
27	Ann	Robin	(F Sen)	Bellahouston Road Runners
28	Madeline	Smillie	(F40)	Bellahouston Road Runners

Unique No.	Forename	Surname	Age Group	Club
29	Bernadette	O'Neil	(F45)	Cambuslang Harriers
30	Jacqueline	McLew	(F45)	Cambuslang Harriers
31	Jennifer	Reid	(F40)	Cambuslang Harriers
32	Lynn	Angely	(F40)	Cambuslang Harriers
33	Caitie	Gorton-Phillips	(F40)	Cambuslang Harriers
34	Leanne	Hamilton	(F40)	Cambuslang Harriers
35	Jacqueline	Etherington	(F Sen)	Cambuslang Harriers
36	Kirsty	Anderson	(F Sen)	Cambuslang Harriers
37	Lesley	McArdle	(F Sen)	Cambuslang Harriers
38	Alexandra	Lamond	(F Sen)	Cambuslang Harriers
39	Eve	MacKinnon	(FU20)	Cambuslang Harriers

Unique No.	Forename	Surname	Age Group	Club
40	Charlene	Kelly	(F Sen)	Dumbarton AAC
41	Nikki	Lyons	(F Sen)	Dumbarton AAC
42	Lindsey	Currie	(F45)	Dumbarton AAC
43	Laura	Johnston	(F Sen)	Dumbarton AAC
44	Clare	Egan	(F40)	Dumbarton AAC
45	Alison	Gallacher	(F Sen)	Dumbarton AAC

Unique No.	Forename	Surname	Age Group	Club
46	Joanne	McEvoy	(F Sen)	Calderglen Harriers
47	Julie	Beveridge	(F Sen)	Calderglen Harriers
48	Alexandra	Hayden	(F Sen)	Calderglen Harriers
49	Karen	Allen	(F Sen)	Calderglen Harriers
50	Lorraine	Buchanan	(F Sen)	Calderglen Harriers
51	Kay	Conneff	(F Sen)	Calderglen Harriers
52	Alison	Crooks	(F45)	Calderglen Harriers
53	Mary	Goldsmith	(F55)	Calderglen Harriers
54	Ruth	Kelly	(F50)	Calderglen Harriers
55	Alison	Lessells	(F Sen)	Calderglen Harriers
56	Frances	Maxwell	(F50)	Calderglen Harriers

Unique No.	Forename	Surname	Age Group	Club
57	Alicia	Paton	(FU20)	Cumbernauld AAC
58	Marta	Majka	(FU20)	Cumbernauld AAC
59	Victoria	Robertson	(FU20)	Cumbernauld AAC

Unique No.	Forename	Surname	Age Group	Club
60	Sarah	McCusker	(FU20)	East Kilbride A.C.
61	Nicole	Sharp	(FU20)	East Kilbride A.C.
62	Heather	Addison	(FU20)	East Kilbride A.C.
63	Mhairi	Boyle	(FU20)	East Kilbride A.C.
64	Megan	Barrie	(FU20)	East Kilbride A.C.
65	Rachael	Thomson	(F Sen)	East Kilbride A.C.
66	Gemma	Kirwan	(F45)	East Kilbride A.C.

Unique No.	Forename	Surname	Age Group	Club
67	Lesley	Chisholm	(F40)	Garscube Harriers
68	Diane	Clark	(F Sen)	Garscube Harriers
69	Morag	Casey	(F40)	Garscube Harriers
70	Jill	O'Neil	(F40)	Garscube Harriers
71	Marian	Kelly	(F Sen)	Garscube Harriers
72	Emma	Blair	(F Sen)	Garscube Harriers
73	Arlene	Lewis	(F40)	Garscube Harriers
74	Nicola	Hendry	(F Sen)	Garscube Harriers
75	Chloe	McAdam	(F Sen)	Garscube Harriers
76	Mairi	Stanley	(F45)	Garscube Harriers
77	Debbie	Martin-Consani	(F40)	Garscube Harriers
78	Joanne	Robertson	(F45)	Garscube Harriers
79	Charlotte	Wilson	(F Sen)	Garscube Harriers
80	Alison	Wood	(F Sen)	Garscube Harriers

Unique No.	Forename	Surname	Age Group	Club
81	Nicola	Stevenson	(F Sen)	Greenock Glenpark Harriers
82	Lana	Hanson	(F Sen)	Greenock Glenpark Harriers
83	Emma	Baxter	(F Sen)	Greenock Glenpark Harriers
84	Emma	O'Rourke	(F Sen)	Greenock Glenpark Harriers
85	Suzanne	Coyle	(F Sen)	Greenock Glenpark Harriers
86	Catriona	Stirling	(F Sen)	Greenock Glenpark Harriers
87	Lynne	Rogers	(F Sen)	Greenock Glenpark Harriers
88	Claire	Bryce	(F Sen)	Greenock Glenpark Harriers
89	Lisa	Ruddy	(F Sen)	Greenock Glenpark Harriers
90	Donna	Clark	(F Sen)	Greenock Glenpark Harriers
91	Sue	Hewitson	(F Sen)	Greenock Glenpark Harriers
92	Lesley	Nelson	(F40)	Greenock Glenpark Harriers
93	Kirstin	Arthur	(F40)	Greenock Glenpark Harriers
94	Nathalie	Smith	(F40)	Greenock Glenpark Harriers
95	Angeline	Austin	(F40)	Greenock Glenpark Harriers
96	Viki	Wilkinson	(F40)	Greenock Glenpark Harriers
97	Alison	King	(F40)	Greenock Glenpark Harriers
98	Marian	Monk	(F40)	Greenock Glenpark Harriers
99	Rhonda	White	(F45)	Greenock Glenpark Harriers
100	Gillian	Forrest	(F45)	Greenock Glenpark Harriers
101	Eileen	Stevenson	(F45)	Greenock Glenpark Harriers
102	Susan	Clark	(F45)	Greenock Glenpark Harriers
103	Susan	Slater	(F45)	Greenock Glenpark Harriers
104	Silke	Loehndorf	(F45)	Greenock Glenpark Harriers
105	Elizabeth	McAuslan	(F50)	Greenock Glenpark Harriers
106	Fiona	Cushnagan	(F50)	Greenock Glenpark Harriers
107	Theresa	Wall	(F50)	Greenock Glenpark Harriers
108	Lorna	Coyle	(F55)	Greenock Glenpark Harriers
109	Yvonne	Prager	(F55)	Greenock Glenpark Harriers

Unique No.	Forename	Surname	Age Group	Club
110	Rachael	Bushfield	(F Sen)	Inverclyde AC
111	Sharon	Muir	(F40)	Inverclyde AC
112	Julie	Gordon	(F40)	Inverclyde AC
113	Nymke	Mulholland	(F Sen)	Inverclyde AC

Unique No.	Forename	Surname	Age Group	Club
114	Caroline	Cochran	(F45)	Kilbarchan AAC
115	Chloe	Simpson	(FU20)	Kilbarchan AAC
116	Christina	Rankin	(F Sen)	Kilbarchan AAC
117	Elaine	Eadie	(F Sen)	Kilbarchan AAC
118	Elsbeth	Curran	(F Sen)	Kilbarchan AAC
119	Gwen	Gillham	(FU20)	Kilbarchan AAC
120	Holly	Thompson	(FU20)	Kilbarchan AAC
121	Iona	Miller	(FU20)	Kilbarchan AAC
122	Jemma	Reekie	(FU20)	Kilbarchan AAC
123	Jennifer	Rooney	(F Sen)	Kilbarchan AAC
124	Julia	Wylie	(F50)	Kilbarchan AAC
125	Katie	Hall	(FU20)	Kilbarchan AAC
126	Kerry	MacAngus	(FU20)	Kilbarchan AAC
127	Laura	Stark	(FU20)	Kilbarchan AAC
128	Sarah	Dempsey	(FU20)	Kilbarchan AAC
129	Sharon	Hastie	(F40)	Kilbarchan AAC
130	Siobhan	Inglis	(F Sen)	Kilbarchan AAC

Unique No.	Forename	Surname	Age Group	Club
131	Ada	Stewart	(F50)	Kirkintilloch Olympians
132	Shirley	MacNab	(F50)	Kirkintilloch Olympians
133	Vivien	Fraser	(F50)	Kirkintilloch Olympians
134	Ausrine	Ward	(F Sen)	Kirkintilloch Olympians
135	Allison	Law	(F50)	Kirkintilloch Olympians
136	Elaine	Hogg	(F45)	Kirkintilloch Olympians
137	Michelle	Humphreys	(F40)	Kirkintilloch Olympians
138	Angela	Fenner	(F50)	Kirkintilloch Olympians
139	Pamela	Parker	(F50)	Kirkintilloch Olympians
140	Debs	Lindsay	(F50)	Kirkintilloch Olympians
141	Marie	McChord	(F55)	Kirkintilloch Olympians
142	Pauline	Younger	(F50)	Kirkintilloch Olympians
143	Elaine	Bankier	(F45)	Kirkintilloch Olympians
144	Anne	Crombie-Brown	(F40)	Kirkintilloch Olympians
145	Anne Marie	McGregor	(F40)	Kirkintilloch Olympians
146	Moira	Smith	(F50)	Kirkintilloch Olympians

Unique No.	Forename	Surname	Age Group	Club
147	Paula	Wilson	(F45)	Kilmarnock H&AC
148	Stephanie	Dale	(F Sen)	Kilmarnock H&AC
149	Karen	Robertson	(F45)	Kilmarnock H&AC
150	Laura	Haggarty	(F Sen)	Kilmarnock H&AC
151	Victoria	Anderson	(F40)	Kilmarnock H&AC
152	Bethany	Ross	(F Sen)	Kilmarnock H&AC
153	Laura	Carruthers	(F Sen)	Kilmarnock H&AC
154	Rosemary	McMillan	(F55)	Kilmarnock H&AC
155	Elizabeth	McDerment	(F45)	Kilmarnock H&AC
156	Alanis	Brydon	(FU20)	Kilmarnock H&AC

Unique No.	Forename	Surname	Age Group	Club
157	Margaret	Newell	(FU20)	Law & District AAC
158	Hannah	Stark	(FU20)	Law & District AAC
159	Roxanne	Yue	(F45)	Law & District AAC
160	Nicola	Donnelly	(F Sen)	Law & District AAC
161	Susan	Kennedy	(F Sen)	Law & District AAC
162	Hilary	McGrath	(F50)	Law & District AAC
163	Linzi	McLaren	(FU20)	Law & District AAC
164	Emily	McNicol	(FU20)	Law & District AAC

Unique No.	Forename	Surname	Age Group	Club
165	Phyllis	Hands	(F60)	Motherwell AC
166	Susan	Stewart	(F Sen)	Motherwell AC
167	Clare	Barr	(F45)	Motherwell AC
168	Joanne	Clark	(F40)	Motherwell AC
169	Emma	Stevenson	(F Sen)	Motherwell AC
170	Patricia	Allen	(F65)	Motherwell AC
171	Emma	Hunter	(FU20)	Motherwell AC

Unique No.	Forename	Surname	Age Group	Club
172	Adele	Walker	(F Sen)	North Ayrshire AC
173	Angela	Reid	(F Sen)	North Ayrshire AC
174	Lesley	Lynn	(F Sen)	North Ayrshire AC

Unique No.	Forename	Surname	Age Group	Club
175	Carole	Setchell-McColl	(F Sen)	Shettleston Harriers
176	Ruth	Joss	(F Sen)	Shettleston Harriers
177	Jessica	Oliver-Bell	(F Sen)	Shettleston Harriers
178	Shona	Robertson	(F45)	Shettleston Harriers
179	Kathryn	Pennel	(F Sen)	Shettleston Harriers
180	Mhairi	Donaldson	(F Sen)	Shettleston Harriers
181	Clara	Horswell	(F Sen)	Shettleston Harriers
182	Victoria	Leiper	(F Sen)	Shettleston Harriers

Unique No.	Forename	Surname	Age Group	Club
183	Collette	Coyle	(F40)	Springburn Harriers
184	Michelle	Sandison	(F Sen)	Springburn Harriers
185	Pauline	Doherty	(F45)	Springburn Harriers
186	Jeanette	Craig	(F65)	Springburn Harriers

Unique No.	Forename	Surname	Age Group	Club
187	Anna	Tait	(FU20)	VP-Glasgow AC
188	Mhairi	Hendry	(F Sen)	VP-Glasgow AC
189	Julie	Dobbin	(F Sen)	VP-Glasgow AC
190	Suzanne	Gilmour	(F40)	VP-Glasgow AC
191	Rhian	Dawes	(F Sen)	VP-Glasgow AC
192	Claire	Thompson	(F40)	VP-Glasgow AC

Unique No.	Forename	Surname	Age Group	Club
193	Emma	Dunnett	(F Sen)	Glasgow Caledonian University AC
194	Oonagh	Dunnett	(F Sen)	Glasgow Caledonian University AC
195	Megan	Gemmell	(FU20)	Glasgow Caledonian University AC
196	Eilidh	Moynihan	(FU20)	Glasgow Caledonian University AC
197	Katelyn	Elizabeth	(F Sen)	Glasgow Caledonian University AC
198	Laura	Hein	(FU20)	Glasgow Caledonian University AC
199	Veronica	Ottobriano	(FU20)	Glasgow Caledonian University AC
200	Nicole	Scott	(FU20)	Glasgow Caledonian University AC

Unique No.	Forename	Surname	Age Group	Club
201	Jill	Smylie	(F Sen)	Giffnock North AAC
202	Allie	Chong	(F45)	Giffnock North AAC
203	Yvonne	McNairn	(F Sen)	Giffnock North AAC
204	Irene	Zingone	(F65)	Giffnock North AAC
205	Anne	Williamson	(F50)	Giffnock North AAC
206	Kathleen	McLachlan	(F Sen)	Giffnock North AAC

Unique No.	Forename	Surname	Age Group	Club
208	Kenneth	Neill	(M Sen)	Ayr Seaforth AC
209	John	Ross	(M40)	Ayr Seaforth AC
210	Stephen	McDowall	(M40)	Ayr Seaforth AC
211	Simon	Kirk	(M40)	Ayr Seaforth AC
212	Laurence	Baker	(M55)	Ayr Seaforth AC
213	Craig	Brown	(M Sen)	Ayr Seaforth AC
214	John	Hannah	(M40)	Ayr Seaforth AC
215	Stuart	McColm	(M45)	Ayr Seaforth AC

Unique No.	Forename	Surname	Age Group	Club
216	Marc	Bromwich	(M Sen)	Bellahouston Road Runners
217	Iain	Burns	(M Sen)	Bellahouston Road Runners
218	Bruce	Carmichael	(M40)	Bellahouston Road Runners
219	Liam	Conway	(M45)	Bellahouston Road Runners
220	Peter	Gallanagh	(M45)	Bellahouston Road Runners
221	Greig	Glendinning	(M45)	Bellahouston Road Runners
222	Christopher	Logue	(M Sen)	Bellahouston Road Runners
223	Henry	Merriweather	(M45)	Bellahouston Road Runners
224	James	Montgomery	(M Sen)	Bellahouston Road Runners
225	Graeme	Paterson	(M40)	Bellahouston Road Runners
226	Gerard	Scullion	(M50)	Bellahouston Road Runners
227	Bruce	Carse	(M Sen)	Bellahouston Road Runners
228	Andrew	Allen	(M50)	Bellahouston Road Runner
229	Hamish	Barbour	(M55)	Bellahouston Road Runners
230	Andrew	Campbell	(M40)	Bellahouston Road Runners
231	Ciaran	Dougherty	(M Sen)	Bellahouston Road Runners
232	Alastair	Ewen	(M40)	Bellahouston Road Runners
233	Robbie	Hayman	(M45)	Bellahouston Road Runners
234	Anthony Lucio	Jannetta	(M Sen)	Bellahouston Road Runners
235	Stuart	McMillan	(M Sen)	Bellahouston Road Runners
236	Anthony	McParland	(M45)	Bellahouston Road Runners
237	Alan	Moss	(M Sen)	Bellahouston Road Runners
238	Garry	Porch	(M Sen)	Bellahouston Road Runners
239	Craig	Reid	(M Sen)	Bellahouston Road Runners
240	Nick	Reid	(M Sen)	Bellahouston Road Runners
241	Jim	Robinson	(M55)	Bellahouston Road Runners
242	Frans	Roelofse	(M55)	Bellahouston Road Runners
243	George	Rooney	(M45)	Bellahouston Road Runners
244	David	Weatherhead	(M40)	Bellahouston Road Runners
245	Russell	Whittington	(M45)	Bellahouston Road Runners

Unique No.	Forename	Surname	Age Group	Club
247	Darren	McQuade	(M Sen)	Bellahouston Harriers
248	Fraser	Armstrong	(MU20)	Bellahouston Harriers
249	Paul	Clawson	(M Sen)	Bellahouston Harriers
250	Paul	Houston	(M45)	Bellahouston Harriers
251	Cris	Walsh	(M40)	Bellahouston Harriers
252	Francis	Gilroy	(M50)	Bellahouston Harriers
253	Gregor	Yates	(M Sen)	Bellahouston Harriers
254	Calum	Ferguson	(MU20)	Bellahouston Harriers
255	Stuart	Miller	(M Sen)	Bellahouston Harriers
256	Robert	Carson	(M65)	Bellahouston Harriers
257	Donald	Kennedy	(M45)	Bellahouston Harriers
258	Thomas	Smith	(M Sen)	Bellahouston Harriers
259	Iain	Morrison	(M50)	Bellahouston Harriers
260	David	Mackintosh	(M Sen)	Bellahouston Harriers

Unique No.	Forename	Surname	Age Group	Club
263	Russell	Couper	(M50)	Calderglen Harriers
264	Alan	Derrick	(M50)	Calderglen Harriers
265	Richard	Lawton	(M40)	Calderglen Harriers
266	Andrew	Buchanan	(M Sen)	Calderglen Harriers
267	Stuart	Waugh	(M65)	Calderglen Harriers
268	Mark	Saez	(M40)	Calderglen Harriers
269	Allan	McIellan	(M55)	Calderglen Harriers
270	Gordon	McInally	(M50)	Calderglen Harriers
271	Edward	Reid	(M50)	Calderglen Harriers
272	Kenny	Leinster	(M55)	Calderglen Harriers
273	William	Buchanan	(M65)	Calderglen Harriers
274	Jim	Holmes	(M45)	Calderglen Harriers
275	Colin	Banks	(M40)	Calderglen Harriers
276	Martin	Duthie	(M50)	Calderglen Harriers
277	Kevan	Harvey	(M Sen)	Calderglen Harriers
278	Andrew	Henderson	(M60)	Calderglen Harriers
279	David	Herbertson	(M45)	Calderglen Harriers
280	Martin	Howell	(M45)	Calderglen Harriers
281	Philip	Marshall	(M55)	Calderglen Harriers
282	John	McBride	(M55)	Calderglen Harriers
283	Gerard	Mullen	(M55)	Calderglen Harriers
284	Jim	Mearns	(M50)	Calderglen Harriers
285	Andrew	McCaffery	(M50)	Calderglen Harriers
286	Stephen	Phimister	(M45)	Calderglen Harriers
287	Ian	Rae	(M50)	Calderglen Harriers
288	Graham	Ramage	(M45)	Calderglen Harriers
289	David	Searil	(M60)	Calderglen Harriers
290	Joseph	Shields	(M Sen)	Calderglen Harriers
291	Hugh	Simpson	(M50)	Calderglen Harriers
292	Charles	Steven	(M55)	Calderglen Harriers
293	David	Watt	(M55)	Calderglen Harriers

Unique No.	Forename	Surname	Age Group	Club
295	Francis	Hurley	(M60)	Cambuslang Harriers
296	Paul	Thompson	(M55)	Cambuslang Harriers
297	Colin	Feechan	(M55)	Cambuslang Harriers
298	Des	Dickson	(M55)	Cambuslang Harriers
299	Edward	Carr	(M55)	Cambuslang Harriers
300	David	Thom	(M55)	Cambuslang Harriers
301	Alick	Walkinshaw	(M55)	Cambuslang Harriers
302	Stan	MacKenzie	(M50)	Cambuslang Harriers
303	Chris	Upton	(M50)	Cambuslang Harriers
304	Daniel	O'Connell	(M50)	Cambuslang Harriers
305	Kenny	Macpherson	(M45)	Cambuslang Harriers
306	William	Fairley	(M45)	Cambuslang Harriers
307	Ken	McInnes	(M45)	Cambuslang Harriers
308	Michael	O'Hagan	(M45)	Cambuslang Harriers
309	Greg	Hastie	(M45)	Cambuslang Harriers
310	Tony	Mccutcheon	(M45)	Cambuslang Harriers
311	Kerry-Liam	Wilson	(M45)	Cambuslang Harriers
312	Craig	Harrow	(M45)	Cambuslang Harriers
313	David	Stirling	(M45)	Cambuslang Harriers
314	Brian	Douglas	(M40)	Cambuslang Harriers
315	Justin	Carter	(M40)	Cambuslang Harriers
316	Jamie	Reid	(M40)	Cambuslang Harriers
317	Scott	Hunter	(M40)	Cambuslang Harriers
318	Kenny	Finlayson	(M40)	Cambuslang Harriers
319	Robert	Gilroy	(M40)	Cambuslang Harriers
320	David	Scott	(M Sen)	Cambuslang Harriers
321	Paul	Kernohan	(M Sen)	Cambuslang Harriers
322	Ian	Reid	(M Sen)	Cambuslang Harriers
323	Simon	Gold	(M Sen)	Cambuslang Harriers
324	Benjamin	Hukins	(M Sen)	Cambuslang Harriers
325	Steven	Phillips	(M Sen)	Cambuslang Harriers
326	Gordon	Robertson	(M Sen)	Cambuslang Harriers
327	Iain	MacCorquodale	(M Sen)	Cambuslang Harriers
328	Richard	Carr	(M Sen)	Cambuslang Harriers
329	ian	littler	(M Sen)	Cambuslang Harriers
330	Colin	Reilly	(M Sen)	Cambuslang Harriers

Unique No.	Forename	Surname	Age Group	Club
331	Alistair	Campbell	(M Sen)	Cambuslang Harriers
332	Ian	Lafferty	(M Sen)	Cambuslang Harriers
333	Ian	McNeish	(M Sen)	Cambuslang Harriers
334	Kyle	McLellan	(M Sen)	Cambuslang Harriers
335	Stephen (jnr)	Paris	(M Sen)	Cambuslang Harriers
336	Mathew	McKenna	(M Sen)	Cambuslang Harriers
337	Ryan	Thomson	(M Sen)	Cambuslang Harriers
338	Ross	Stephen	(M Sen)	Cambuslang Harriers
339	Brendan	Carey	(MU20)	Cambuslang Harriers
340	Craig	Jardine	(MU20)	Cambuslang Harriers
341	Jack	MacGregor	(MU20)	Cambuslang Harriers
342	Scott	Somerville	(MU20)	Cambuslang Harriers
343	Paul	Morrison	(MU20)	Cambuslang Harriers
344	Keir	Morton	(MU20)	Cambuslang Harriers
345	Gavin	Smith	(MU20)	Cambuslang Harriers

Unique No.	Forename	Surname	Age Group	Club
346	Alan	Dick	(M45)	Clydesdale Harriers
347	Ryan	Nelson	(M Sen)	Clydesdale Harriers
348	Iain	Robertson	(M Sen)	Clydesdale Harriers
349	Tony	Dolan	(M Sen)	Clydesdale Harriers
350	Cameron	MacLeod	(M Sen)	Clydesdale Harriers
351	Hugh	Laverty	(M60)	Clydesdale Harriers
352	Ryan	Savage	(M Sen)	Clydesdale Harriers
353	David	Brown	(M Sen)	Clydesdale Harriers

Unique No.	Forename	Surname	Age Group	Club
354	Paul	Kelly	(M Sen)	Dumbarton AAC
355	Stephen	Cole	(M45)	Dumbarton AAC
356	Peter	Walsh	(M Sen)	Dumbarton AAC
357	Peter	Currie	(M40)	Dumbarton AAC
358	CRAIG	BINNIE	(M Sen)	Dumbarton AAC
359	David	Fenwick	(M Sen)	Dumbarton AAC
360	Leigh	Davies	(M Sen)	Dumbarton AAC
361	Jonathon	McRae	(M Sen)	Dumbarton AAC
362	William	Goldie	(M60)	Dumbarton AAC
363	Thomas	Kelly	(M55)	Dumbarton AAC
364	Peter	Walsh	(M60)	Dumbarton AAC
365	James	McLaughlin	(M40)	Dumbarton AAC
366	Mark	Walsh	(M40)	Dumbarton AAC
367	Kieran	McQuade	(M Sen)	Dumbarton AAC

Unique No.	Forename	Surname	Age Group	Club
368	Vincent	Hastings	(M Sen)	East Kilbride A.C.
369	Jamie	Clements	(M Sen)	East Kilbride A.C.
370	John	Fergusson	(M Sen)	East Kilbride A.C.
371	Niall	Walker	(M Sen)	East Kilbride A.C.
372	Grant	Baillie	(M Sen)	East Kilbride A.C.
373	Jack	kirwan	(M Sen)	East Kilbride A.C.
374	David	Thomson	(M Sen)	East Kilbride A.C.
375	David	Garman	(M Sen)	East Kilbride A.C.
376	Graeme	Haddow	(M50)	East Kilbride A.C.
377	Derek	Leitch	(M60)	East Kilbride A.C.
378	Willie	Taylor	(M50)	East Kilbride A.C.
379	Martin	Lynas	(MU20)	East Kilbride A.C.
380	Amit	Kumar	(MU20)	East Kilbride A.C.
381	Christopher	White	(M Sen)	East Kilbride A.C.
382	Brian	O'Neill	(M40)	East Kilbride A.C.

Unique No.	Forename	Surname	Age Group	Club
383	Ryan	Campbell	(MU20)	Greenock Glenpark Harriers
384	David	Roberts	(M Sen)	Greenock Glenpark Harriers
385	Stephen	Trainer	(M Sen)	Greenock Glenpark Harriers
386	Stephen	Hanley	(M Sen)	Greenock Glenpark Harriers
387	Andrew	McCall	(M Sen)	Greenock Glenpark Harriers
388	Shaun	Lyon	(M Sen)	Greenock Glenpark Harriers
389	Simon	Hutton	(M Sen)	Greenock Glenpark Harriers
390	Gordon	Hepburn	(M Sen)	Greenock Glenpark Harriers
391	Andrew	Osborne	(M Sen)	Greenock Glenpark Harriers
392	Steven	Watson	(M Sen)	Greenock Glenpark Harriers
393	Christopher	Mooney	(M Sen)	Greenock Glenpark Harriers
394	Kevin	O'Donoghue	(M Sen)	Greenock Glenpark Harriers
395	Duncan	Anderson	(M Sen)	Greenock Glenpark Harriers
396	Daniel	Doherty	(M Sen)	Greenock Glenpark Harriers
397	Sean	Marshall	(M Sen)	Greenock Glenpark Harriers
398	Paul	Beaton	(M Sen)	Greenock Glenpark Harriers
399	Robert	Wilson	(M Sen)	Greenock Glenpark Harriers
400	Ross	Neilson	(M40)	Greenock Glenpark Harriers
401	Kevan	McCartney	(M40)	Greenock Glenpark Harriers
402	Steven	Campbell	(M40)	Greenock Glenpark Harriers
403	David	Carruthers	(M40)	Greenock Glenpark Harriers
404	Mark	Vance	(M40)	Greenock Glenpark Harriers
405	Stuart	Austin	(M40)	Greenock Glenpark Harriers
406	Robert	Dolan	(M40)	Greenock Glenpark Harriers
407	Stephen	Reid	(M40)	Greenock Glenpark Harriers
408	Paul	Monaghan	(M45)	Greenock Glenpark Harriers
409	John	Carruthers	(M45)	Greenock Glenpark Harriers
410	Sam	McVictor	(M45)	Greenock Glenpark Harriers
411	John	Stevenson	(M45)	Greenock Glenpark Harriers
412	Alan	O'Rourke	(M45)	Greenock Glenpark Harriers
413	Andrew	White	(M45)	Greenock Glenpark Harriers
414	Steven	Smith	(M50)	Greenock Glenpark Harriers
415	Kevin James	Gill	(M50)	Greenock Glenpark Harriers
416	Thomas	Loehndorf	(M50)	Greenock Glenpark Harriers
417	David	Rafferty	(M50)	Greenock Glenpark Harriers
418	Michael	Mcloone Snr	(M50)	Greenock Glenpark Harriers
419	Robin	McAuslan	(M50)	Greenock Glenpark Harriers
420	Stephen	McLoone	(M50)	Greenock Glenpark Harriers
421	Michael	Harrington	(M55)	Greenock Glenpark Harriers
422	Daniel	McLaughlin	(M55)	Greenock Glenpark Harriers
423	Graham	Mcgrattan	(M60)	Greenock Glenpark Harriers
424	Michael	Dunn	(M60)	Greenock Glenpark Harriers
425	Robert	Wilson	(M60)	Greenock Glenpark Harriers
426	Frank	McMahon		

Unique No.	Forename	Surname	Age Group	Club
429	Chris	Greenhalgh	(M40)	Giffnock North AAC
430	Luke	Chamberlain	(M40)	Giffnock North AAC
431	Grant	Muir	(M Sen)	Giffnock North AAC
432	Michael	Hampson	(M50)	Giffnock North AAC
433	Jason	Steele	(M40)	Giffnock North AAC
434	Colin	Wylie	(M40)	Giffnock North AAC
435	Ted	Gourley	(M50)	Giffnock North AAC
436	Keir	Carolan	(MU20)	Giffnock North AAC
437	Mark	Sutherland	(M40)	Giffnock North AAC
438	Jack	Walker	(M Sen)	Giffnock North AAC
439	Neal	Gibson	(M40)	Giffnock North AAC
440	David	Logan	(M55)	Giffnock North AAC
441	Keir	Geatrell	(M Sen)	Giffnock North AAC
442	Andrew	Clark	(M Sen)	Giffnock North AAC
443	Alan	Stewart	(M65)	Giffnock North AAC
444	Chris	Marsh	(M Sen)	Giffnock North AAC

Unique No.	Forename	Surname	Age Group	Club
447	Nicholas	Gemmell	(M40)	Inverclyde AC
448	Graeme	Hyett	(M Sen)	Inverclyde AC
449	Mark	Pollard	(M Sen)	Inverclyde AC
450	Sean	Gaffney	(M Sen)	Inverclyde AC
451	Michael	Houston	(M Sen)	Inverclyde AC
452	John	Bell	(M Sen)	Inverclyde AC
453	Ross	Gray	(MU20)	Inverclyde AC
454	David	Henderson	(M Sen)	Inverclyde AC
455	Duncan	Macfadyen	(M55)	Inverclyde AC
456	Thomas	Jamieson	(M Sen)	Inverclyde AC
457	Stephen	Cooke	(M Sen)	Inverclyde AC
458	Mathew	Thomson	(M Sen)	Inverclyde AC
459	Jude	Boulton	(M40)	Inverclyde AC
460	Gavin	Morrison	(M45)	Inverclyde AC
461	Matthew	McKinnon	(MU20)	Inverclyde AC
462	Gary	McKendrick	(M50)	Inverclyde AC
463	Craig	Winter	(M45)	Inverclyde AC
464	Thomas	Tracey	(M60)	Inverclyde AC
465	Robert	Shaw	(M60)	Inverclyde AC
466	Callum	Hunter	(M Sen)	Inverclyde AC
467	Mark	Magee	(M Sen)	Inverclyde AC
468	Scott	McCluckie	(M Sen)	Inverclyde AC
469	Shaun	Tonner	(M Sen)	Inverclyde AC

Unique No.	Forename	Surname	Age Group	Club
472	Gavin	Hogarth	(M Sen)	Kilmarnock H&AC
473	Neil	Walker	(M Sen)	Kilmarnock H&AC
474	Ross	Connelly	(M Sen)	Kilmarnock H&AC
475	Cameron	Mackie	(M Sen)	Kilmarnock H&AC
476	Stewart	McAllister	(M Sen)	Kilmarnock H&AC
477	Robert	Lindsay	(M40)	Kilmarnock H&AC
478	Scott	Martin	(M45)	Kilmarnock H&AC
479	Connell	Drummond	(M40)	Kilmarnock H&AC
480	James	Connelly	(M45)	Kilmarnock H&AC
481	Colin	Glencorse	(M40)	Kilmarnock H&AC
482	Leslie-James	McDerment	(M45)	Kilmarnock H&AC
483	John	Parker	(M50)	Kilmarnock H&AC
484	William	Duffy	(M50)	Kilmarnock H&AC
485	David	McLeod	(M45)	Kilmarnock H&AC
486	Cameron	Wilson	(M Sen)	Kilmarnock H&AC
487	Scott	Lyden	(M Sen)	Kilmarnock H&AC
488	Gordon	Reid	(M40)	Kilmarnock H&AC

Unique No.	Forename	Surname	Age Group	Club
491	Robert	Rogerson	(M55)	Kirkintilloch Olympians
492	Stephen	Allan	(M40)	Kirkintilloch Olympians
493	Sean	Casey	(M45)	Kirkintilloch Olympians
494	David	Hogg	(M45)	Kirkintilloch Olympians
495	Euan	Craig	(M Sen)	Kirkintilloch Olympians
496	Vincent	Carroll	(M45)	Kirkintilloch Olympians
497	Howard	Elliott	(M45)	Kirkintilloch Olympians
498	Robert	Bartley	(M40)	Kirkintilloch Olympians
499	Scott	Bradley	(M Sen)	Kirkintilloch Olympians
500	Aidan	McCaffrey	(MU20)	Kirkintilloch Olympians
501	James	Gallacher	(M55)	Kirkintilloch Olympians
502	Paul	Reilly	(M45)	Kirkintilloch Olympians
503	Derek	Martin	(M45)	Kirkintilloch Olympians
504	David	Mitchell	(M50)	Kirkintilloch Olympians
505	Kieran	Pugh	(M Sen)	Kirkintilloch Olympians
506	John	Pugh	(M45)	Kirkintilloch Olympians
507	Graham	McCabe	(M45)	Kirkintilloch Olympians
508	Louis	O'Hare	(M40)	Kirkintilloch Olympians
509	Paul	O'Hare	(M40)	Kirkintilloch Olympians
510	Gary	Mitchell	(M45)	Kirkintilloch Olympians
511	David	Scott	(M Sen)	Kirkintilloch Olympians
512	Edward	McLoone	(M Sen)	Kirkintilloch Olympians

Unique No.	Forename	Surname	Age Group	Club
515	Aidan	Comerford	(MU20)	Kilbarchan AAC
516	Alan	Craig	(M45)	Kilbarchan AAC
517	Callum	Matthews	(M Sen)	Kilbarchan AAC
518	Callum	Hawkins	(M Sen)	Kilbarchan AAC
519	Conor	Thomson	(MU20)	Kilbarchan AAC
520	Donald	Petrie	(M55)	Kilbarchan AAC
521	Euan	Carrick	(M Sen)	Kilbarchan AAC
522	Euan	Trout	(MU20)	Kilbarchan AAC
523	Ewan	McKerral	(MU20)	Kilbarchan AAC
524	Graham	Evans	(M Sen)	Kilbarchan AAC
525	Grant	Sandilands	(M Sen)	Kilbarchan AAC
526	John	Kynaston	(M55)	Kilbarchan AAC
527	Norman	Groves	(M55)	Kilbarchan AAC
528	Robert	McCulloch	(M50)	Kilbarchan AAC
529	Robert	Snodgrass	(M45)	Kilbarchan AAC
530	Robert	Quinn	(M50)	Kilbarchan AAC
531	Ryan	Waldron	(M Sen)	Kilbarchan AAC
532	Sam	McNair	(MU20)	Kilbarchan AAC
533	Scott	MacAulay	(M Sen)	Kilbarchan AAC
534	Scott	McLardie	(MU20)	Kilbarchan AAC
535	Steven	Hill	(M Sen)	Kilbarchan AAC

Unique No.	Forename	Surname	Age Group	Club
538	Conor	Butters	(MU20)	Law & District AAC
539	Kieran	Cubis	(MU20)	Law & District AAC
540	Bobby	Hill	(M Sen)	Law & District AAC
541	Ross	Hill	(M Sen)	Law & District AAC
542	Patrick	Kelly	(M65)	Law & District AAC
543	Jonathan	Kennedy	(M Sen)	Law & District AAC
544	Ross	Macdonald	(M Sen)	Law & District AAC
545	Jamie	McMorrow	(M Sen)	Law & District AAC
546	Shaun	Burke	(MU20)	Law & District AAC
547	Jim	Gillon	(M50)	Law & District AAC
548	Ben	Fountain	(MU20)	Law & District AAC
549	Alex	Hay	(M50)	Law & District AAC
550	John	McGrath	(M50)	Law & District AAC
551	Darran	Muir	(M Sen)	Law & District AAC

Unique No.	Forename	Surname	Age Group	Club
553	Ross	Burton	(M Sen)	Motherwell AC
554	Scott	Dickson	(M Sen)	Motherwell AC
555	Allan	Cameron	(M40)	Motherwell AC
556	Steven	McCaw	(M Sen)	Motherwell AC
557	Ben	Smith	(M40)	Motherwell AC
558	John	Burns	(M50)	Motherwell AC
559	Thomas	Sneddon	(M40)	Motherwell AC
560	Mark	Paterson	(M40)	Motherwell AC
561	Jim	White	(M40)	Motherwell AC
562	Stephen	Allen	(M45)	Motherwell AC
563	Mark	Hand	(M40)	Motherwell AC
564	Robert	Pattinson	(M45)	Motherwell AC
565	Gary	Wood	(M Sen)	Motherwell AC
566	Christopher	MacDonald	(M Sen)	Motherwell AC

Unique No.	Forename	Surname	Age Group	Club
568	Ian	McIlwraith	(M40)	North Ayrshire AC
569	Thomas	Street	(M40)	North Ayrshire AC
570	Alan	Donachy	(M45)	North Ayrshire AC
571	David	Blane	(M50)	North Ayrshire AC

Unique No.	Forename	Surname	Age Group	Club
574	Graham	Crawford	(M60)	Springburn Harriers
575	Ross	McEachern	(M50)	Springburn Harriers
576	Keith	MacLeod	(M Sen)	Springburn Harriers
577	Andrew	Callan	(M45)	Springburn Harriers
578	Robert	White	(M45)	Springburn Harriers
579	Alistair	Peat	(M Sen)	Springburn Harriers
580	David	McCauley	(M40)	Springburn Harriers
581	Donnie	Inglis	(M45)	Springburn Harriers
582	James	Lewis	(M40)	Springburn Harriers
583	Damian	McAuley	(M50)	Springburn Harriers
584	Joseph Junior	Chambers	(M Sen)	Springburn Harriers

Unique No.	Forename	Surname	Age Group	Club
586	Michael	Paxton	(M Sen)	Shettleston Harriers
587	Daniel	Bradford	(M Sen)	Shettleston Harriers
588	William	Bardsley	(MU20)	Shettleston Harriers
589	Oleg	Cheplin	(M Sen)	Shettleston Harriers
590	Peter	Mackie	(M Sen)	Shettleston Harriers
591	John J	Duffy	(M50)	Shettleston Harriers
592	Michael	Gillespie	(M Sen)	Shettleston Harriers
593	Tewoldeberhan	Mengisteab	(M Sen)	Shettleston Harriers
594	Tsegai	Tewelde	(M Sen)	Shettleston Harriers
595	Kamil	Sieracki	(M Sen)	Shettleston Harriers
596	Paul	Sorrie	(M Sen)	Shettleston Harriers
597	Mark	McColl	(M Sen)	Shettleston Harriers
598	Michael	Deason	(M Sen)	Shettleston Harriers
599	John	Oates	(M55)	Shettleston Harriers
600	Lachlan	Oates	(M Sen)	Shettleston Harriers
601	Gerry	Mason	(M50)	Shettleston Harriers
602	Kenny	Richmond	(M45)	Shettleston Harriers
603	Mathew	Sullivan	(M Sen)	Shettleston Harriers
604	Matthew	Turner	(M Sen)	Shettleston Harriers
605	Thomas	Owens	(M Sen)	Shettleston Harriers
606	Andrew	Kirkhope	(M55)	Shettleston Harriers
607	Walter	Henderson	(M45)	Shettleston Harriers
608	David I	Houston	(M Sen)	Shettleston Harriers
609	Scott	Kennedy	(M45)	Shettleston Harriers
610	Alasdair	McLeod	(M Sen)	Shettleston Harriers
611	John	Connaghan	(M45)	Shettleston Harriers
612	David	Murphy	(M45)	Shettleston Harriers
613	Denis	Williams	(M50)	Shettleston Harriers
614	Lachlan	MacLean	(M Sen)	Shettleston Harriers
615	William	Coyle	(M50)	Shettleston Harriers
616	Andy	Little	(M50)	Shettleston Harriers
617	Callum	Drummond	(M Sen)	Shettleston Harriers
618	Peter	Avent	(M Sen)	Shettleston Harriers
619	Brian	McGarrity	(M Sen)	Shettleston Harriers
620	Christopher	Graham	(M Sen)	Shettleston Harriers

Unique No.	Forename	Surname	Age Group	Club
621	Alastair	Pringle	(M45)	Shettleston Harriers
622	Kevin	Slaven	(M Sen)	Shettleston Harriers
623	Stephen	Winter	(M40)	Shettleston Harriers
624	Benjamin	Dalziel	(MU20)	Shettleston Harriers
625	Kevin	Brydon	(M Sen)	Shettleston Harriers
626	Jethro	Lennox	(M Sen)	Shettleston Harriers
627	Duncan	McCauley	(M Sen)	Shettleston Harriers
628	Thomas	Coratger	(M Sen)	Shettleston Harriers
629	Grant	Boyne	(M Sen)	Shettleston Harriers
630	Brian	Scally	(M50)	Shettleston Harriers
631	Anton	Manley	(M40)	Shettleston Harriers
632	Paul	Masson	(M Sen)	Shettleston Harriers
633	Jules	Blanc	(M Sen)	Shettleston Harriers

Unique No.	Forename	Surname	Age Group	Club
637	Robert	Carrol	(M40)	Troon Tortoises AC
638	Ian	McNee	(M55)	Troon Tortoises AC
639	Lewis	Wilson	(MU20)	Troon Tortoises AC
640	Matt	Pearce	(M40)	Troon Tortoises AC

Unique No.	Forename	Surname	Age Group	Club
643	Stewart	Barnett	(M45)	VP-Glasgow AC
644	Patrick	Bowman	(M Sen)	VP-Glasgow AC
645	Steven	Bryce	(M Sen)	VP-Glasgow AC
646	Christopher	Boyle	(MU20)	VP-Glasgow AC
647	Ralph	Connolly	(M50)	VP-Glasgow AC
648	Afwerki	Haile	(M Sen)	VP-Glasgow AC
649	Martin	Hayes	(M Sen)	VP-Glasgow AC
650	Ciaran	Kelly	(MU20)	VP-Glasgow AC
651	Crawford	Little	(M50)	VP-Glasgow AC
652	Jamie	MacKinnon	(MU20)	VP-Glasgow AC
653	Josh	McDonald	(MU20)	VP-Glasgow AC
654	Kenneth	McVey	(M65)	VP-Glasgow AC
655	Max	Milarvie	(MU20)	VP-Glasgow AC
656	Jonathan	Miller	(M50)	VP-Glasgow AC
657	Damien	Moore	(M Sen)	VP-Glasgow AC
658	Tom	Ord	(M55)	VP-Glasgow AC
659	Kieron	Rafferty	(M Sen)	VP-Glasgow AC
660	Max	Ralston	(M Sen)	VP-Glasgow AC
661	Duncan	Thomson	(M45)	VP-Glasgow AC
662	Derek	Watson Snr.	(M50)	VP-Glasgow AC

Unique No.	Forename	Surname	Age Group	Club
665	Alex	Benin	(M Sen)	Glasgow Caledonian University AC
666	David	McKenna	(M Sen)	Glasgow Caledonian University AC
667	Derek	Scott	(MU20)	Glasgow Caledonian University AC
668	Terry	Mulholland	(MU20)	Glasgow Caledonian University AC
669	Adam	MacFarlane	(MU20)	Glasgow Caledonian University AC

Unique No.	Forename	Surname	Age Group	Club
672	Robert	McLennan	(M55)	Garscube Harriers
673	Daniel	Burns	(M Sen)	Garscube Harriers
674	Del	Young	(M Sen)	Garscube Harriers
675	Duncan	McKellar	(M Sen)	Garscube Harriers
676	Patrick	Gibbons	(M40)	Garscube Harriers
677	Craig	Brown	(M40)	Garscube Harriers
678	Alexander	Chisholm	(M60)	Garscube Harriers
679	Alan	Blair	(M Sen)	Garscube Harriers
680	Steven	Currie	(M Sen)	Garscube Harriers
681	Alasdair	MacMillan	(M Sen)	Garscube Harriers
682	Garry	Mathew	(M Sen)	Garscube Harriers
683	Ian	Thomson	(M Sen)	Garscube Harriers
684	Neal	Robertson	(M Sen)	Garscube Harriers
685	John	Murray	(M40)	Garscube Harriers
686	Craig	Shields	(M Sen)	Garscube Harriers
687	Ally	Maciver	(M Sen)	Garscube Harriers
688	Simon	Sheridan	(M40)	Garscube Harriers
689	Malcolm	Shepherd	(M45)	Garscube Harriers
690	Sean	McAneny	(M Sen)	Garscube Harriers
691	Jim	McAneny	(M55)	Garscube Harriers
692	John	Bell	(M45)	Garscube Harriers
693	Chris	Kilshaw	(M Sen)	Garscube Harriers
694	Michael	Gallacher	(M55)	Garscube Harriers
695	Stephen	Wilson	(M50)	Garscube Harriers
696	Marco	Consani	(M40)	Garscube Harriers

Unique No.	Forename	Surname	Age Group	Club
699	Paul	Lafferty	(M Sen)	Irvine Running Club
700	Alex	Allardyce	(M45)	Irvine Running Club
701	Andrew	Rennie	(M65)	Irvine Running Club
702	Mark	Livingstone	(M40)	Irvine Running Club
703	Colin	Whitby	(M Sen)	Irvine Running Club
704	Tony	McKnight	(M45)	Irvine Running Club
705	James	White	(M65)	Irvine Running Club
706	Billy	Richardson	(M45)	Irvine Running Club
707	David	Millar	(M45)	Irvine Running Club
708	Jamie	Findlay	(M Sen)	Irvine Running Club
709	Alan	Douglas	(M Sen)	Irvine Running Club
710	Ryan	Evans	#N/A	Irvine Running Club
711	John	Surgenor	(M60)	Irvine Running Club

Unique No.	Forename	Surname	Age Group	Club
714	Andrew	McLinen	(M65)	Hamilton Harriers
715	Stephen	Duffy	(M40)	Hamilton Harriers
716	Murray	McAlpine	(M Sen)	Hamilton Harriers
717	David	Dawson	(M50)	Hamilton Harriers